



# JULY-AUGUST 2010 NEWSLETTER

Editor - Pam Lee

## HAPPY SUMMMER!!!!

Keep cool

Stay Safe

Make the most of it

and

See you in September

### UPCOMING EVENTS:

July and August half day and full day horse camps. See the details on page 6

Aug. 14th and 15th - Dodge Rodeo coming to WFCU Centre. We're selling tickets to raise funds for WETRA so please be sure to buy your tickets from us. - \$20.00 adults, \$15.00 children. If you click [WFCUCentre.com/](http://WFCUCentre.com/) password and enter WETRA to get your tickets & raise funds for our program.

Sept. 18th & 19th - Hooves for Healing Horse Show at WETRA.

Sept. 22nd – Spooktacular

Dec. 4th – Christmas on the Farm

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*I don't want to brag or make anybody jealous or anything but I can still fit into the earrings I wore in high school.*

## GENERAL INFORMATION

Since the last newsletter, the following events took place, all to raise money for our new facility and to keep the programs running. We are very grateful to the public for supporting us in all of our events and to all the parents, clients, staff and volunteers for your participation.



The ground breaking ceremony was held on May 14th at our future location on North Malden Rd. There are over 60 photos that

you can see on our new flicker page:  
<http://bit.ly//9fbcw7>

2nd annual **Victoria Day Charity Road W.R.A.C.E.** took place in Kingsville on May 23. Thank you to Total Fitness, Chuck Kelly and his staff. They raised over \$7,000.00.

St. Clair College held a **golf tournament** to benefit WETRA on June 7th at Pointe West Golf course. \$10,000.00 was raised for this event.

**Hot Dogs and Hot Rods** was held at the new Essex arena on June 12th.

**Capitol Campaign Kick-Off** event - June 15th

WETRA **annual yard sale** - June 19th

We'd like to express our sincere gratitude to the following "Hot" Dogs and Hot Rods sponsors:

### **Gold \$500.00**

Brack Animal Hospital  
Insight Enterprises  
Trainer's Choice

### **Bronze \$100.00**

Essex Animal Hospital  
Pellerito Plumbing  
Forced Air Heating & Cooling  
Riverside Electric Eel

Thank you to all our volunteers that helped make these events so successful.

### **SOMETHING TO PONDER:**



If corn oil is made from corn, and vegetable oil is made from vegetables, then what is baby oil made from?

## DID YOU KNOW?

### THERE ARE SEVERAL WAYS YOU CAN HELP US

- Do you have toys you'd like to re-cycle? If they're still in good condition, we'll take them off your hands.
- We are in need of a variety of items that we can make up as prizes for the numerous upcoming events.
- Check out our wish list
- You can transfer your Shoppers Optimum Points to WETRA by going online. Our account number is 895284396
- We're now collecting aluminum cans and still collecting Zehr's tapes and Canadian Tire money
- We're set up to receive your donations on a monthly or annual basis through direct deposit. If you are considering to direct your annual or monthly charitable donation directly to WETRA, you can do this by bringing in a void cheque. An official tax receipt will be issued for each donation.

**TICKETS ARE AVAILABLE FOR \$5.00 EACH IN  
WETRA OFFICE TO WIN HORSEY BASKETS**

**RECOMMENDED FEEL-GOOD VIDEO  
(copy and paste to browser )**

[http://www.youtube.com/watch?v=hN8CKwdosjE&feature=player\\_embedded](http://www.youtube.com/watch?v=hN8CKwdosjE&feature=player_embedded)

### Do you need help with your user fees?

The Canadian Tire **Jump Start** Program offers financial help to families in communities throughout Windsor-Essex. These funds are geared toward keeping youth active. If you need assistance with your fees, you may qualify to receive funds from this program. Funds may be awarded to help with the cost of sessions from January to June or from June to September. For further information on the Jump Start program or to find out if you qualify for these funds, please contact your local Parks and Recreation Department.



#### **SOMETHING TO PONDER:**

If quizzes are quizzical, what are tests?

Janet Riley has been spending some well deserved R & R after undergoing some extensive knee surgery. We're glad to know that recuperation is coming along nicely and we're looking forward to her return in September.

## THANK YOU:

- Keith Crowder for Tim Horton coffee donation (Essex)
- Isenor Family for donation of coffee and paper products
- Windsor Salt Company for supplying our horses with their salt licks
- Thank you to Dr. Ahmad for donating Cleo, her 14 year old mare
- Thanks to Gus and Gaynia Revenberg for donating Daisy, a 5 year old paint pony. We borrowed Daisy for last year's summer camp.
- Thank you Jodie St. Antoine for organizing the September "Jamboree" fundraiser with her husband's band.... Location to be announced soon.
- Thank you Mike Delmore (chef at Essex Golf and Country Club) for donating his time at our Capitol Campaign Kick-Off event on June 15th.
- Thanks Mairi for the great harp music
- Thanks to Barb Heartwell and Isabel Chow for jewellers show
- Thank you to Spike Bell for the great photographs
- Thank you Union Gas for coming on board and transforming WETRA grounds with a wonderful face-lift. We're glad to have you with us.
- Best Buy is assisting in raising funds and has adopted us for one year.



This is Cleo, recently donated by Dr. Ahmad and already in program



Daisy was donated by Gus and Gaynia Revenberg. She's looking forward to summer camp again this year.



### SOMETHING TO PONDER:

Why isn't the number 11 pronounced onety-one?

### SPONSORSHIP OPPORTUNITIES

<b>Adopt-A-Horse</b>	<b>\$3,500.00</b>	<b># of Horses hoping for a sponsorship</b>	<b>14</b>
<b>Maintain-A-Stall</b>	<b>\$ 750.00</b>	<b># of Stalls available for sponsorship</b>	<b>18</b>
<b>Sponsor-A-Paddock</b>	<b>\$1,000.00</b>	<b># of Paddocks available for sponsorship</b>	<b>4</b>
<b>Sponsor-A-Rider</b>	<b>\$ 300.00</b>	<b># of Riders hoping for your sponsorship</b>	<b>20</b>

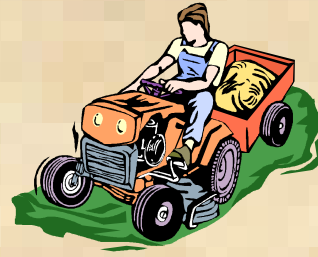
<u>HORSE</u>	<u>HORSE SPONSOR</u>	<u>STALL SPONSOR</u>	<u>PADDOCK SPONSOR</u>
CHARLIE			
CHIP			
CLEO			
CODY	The Shaker's Club		
DAISY			
DR. DON			
DUKE			
HERB	Union Gas		
JACK			
MONTY			
PAC			
REBEL	Union Gas		
SCOUT			
SHIRAZ			
SIMON			
SQUIRT			
SUNNY	Holland Foundation		
WENDY			

Our horses can be viewed by visiting [www.wetra.ca](http://www.wetra.ca)

## WETRA'S WISH LIST



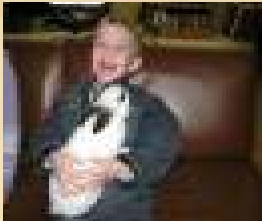
- New mail box
  - Horse sponsorship
  - Sit and ride lawnmower
  - Large storage totes
  - Xerox paper
  - Office supplies (pens, white-out, pencils, etc)
- Sponsor clients (one client X 10 sessions = \$200.00)



## 2010 SUMMER HORSE CAMPS

registration forms and detailed information are available at  
[www.wetra.ca](http://www.wetra.ca)

### 1/2 day for ages 5-7



A great opportunity to learn to feed and care for a horse.

The fee is \$150.00 (taxes included) per week.

Snacks and juice provided

Full amount must accompany the registration form to secure a place. Fees are non-refundable

The hours are from 9:00 a.m. until Noon (8:45 drop off )

Camps run during the weeks of:

July 5

July 12

July 19

July 26

August 2

August 9

August 15

### Full day for ages 8-15



Learn to feed, care and ride a horse in a safe, fun and enjoyable environment.

The fee is \$300.00 (taxes included) A \$75.00 deposit must accompany the registration form.

Snacks are provided

The hours are from 9:00 a.m. until 3:00 p.m. (8:45 drop off)



### SOMETHING TO PONDER:

If Jimmy cracks corn and no one cares, why is there a song about him?

## RECIPE PAGE

### CAPPUCCINO CUPS - Gail Doan's recipe

Prep time: 15 minutes      Freeze time: 6 hours



- 12 chocolate wafers
- 2 Tbsp instant coffee granules
- 1/4 cup hot water
- 1 1/2 cups half and half cream or milk
- 1 pkg (4 serving size) Jell-O Vanilla instant pudding
- 1/4 tsp ground cinnamon
- 3 1/2 cups thawed COOL WHIP Whipped Topping (875 ml)
- 2 squares Baker's Semi-Sweet Chocolate, melted

Place 1 cookie in bottom of 12 paper-lined muffin cups

Dissolve instant coffee in hot water in medium bowl. Add cream, pudding mix and cinnamon. Beat with whisk about 2 minutes. Let stand 5 minutes or until slightly thickened.

Fold in whipped topping. Spoon into muffin cups. freeze until firm, about 6 hours.

Remove dessert from paper cup. Place on individual dessert plates. Drizzle melted chocolate over each dessert cup (you can put a little whipped topping on each first then drizzle over the cup and the sides of the plate like they do in restaurants) Garnish with chocolate covered coffee beans or chocolate shavings.

### 'Melt-In-Your-Mouth' Meringue Turtledoves

- 2 egg whites
- 1/2 teaspoon vanilla
- 1/4 teaspoon cream of tartar
- 1/2 cup sugar
- Miniature semisweet chocolate chips



Line cookie sheet with foil.

Beat egg whites, vanilla, and cream of tartar, until soft peaks form.

Add sugar, beat until stiff peaks form.

Put mixture in decorator bag with 1/2 inch round tip.

Hold tip close to cookie sheet, moving in clockwise direction to form a reversed 'S'.

Place 2 1/2 in. apart.

Place chocolate chips on head for eye and beak.

Bake at 300\* for 15 minutes.

Turn off oven and let cookies dry in oven with door closed, for 30 minutes.

Makes 24 cookies.

## WHEN YOU THOUGHT I WASN'T LOOKING

(A message every adult should read because children are watching you and doing as you do, not as you say. )

When you thought I wasn't looking I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.

When you thought I wasn't looking I saw you feed a stray cat, and I learned that it was good to be kind to animals.

When you thought I wasn't looking I saw you make my favourite cake for me, and I learned that the little things can be the special things in life.

When you thought I wasn't looking I heard you say a prayer, and I knew that there is a God I could always talk to, and I learned to trust in Him.

When you thought I wasn't looking I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.

When you thought I wasn't looking I saw you take care of our house and everyone in it, and I learned we have to take care of what we are given.

When you thought I wasn't looking I saw how you handled your responsibilities, even when you didn't feel good, and I learned that I would have to be responsible when I grow up.

When you thought I wasn't looking I saw tears come from your eyes, and I learned that sometimes things hurt, but it's all right to cry.

When you thought I wasn't looking I saw that you cared, and I wanted to be everything that I could be..

When you thought I wasn't looking I learned most of life's lessons that I need to know to be a good and productive person when I grow up.

When you thought I wasn't looking I looked at you and wanted to say,

'Thanks for all the things I saw  
when you thought I wasn't looking.'



## MAKE ME LAUGH



A little boy opened the big family Bible. He was fascinated as he fingered through the old pages. Suddenly, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages.

'Mama, look what I found,' the boy called out.

'What have you got there, dear?'

With astonishment in the young boy's voice, he answered, **'I think it's Adam's underwear!!!!'**

While working for an organization that delivers lunches to elderly shut-ins, I used to take my 4-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, "The tooth fairy will never believe this!"

It was the end of the day when I parked my police van in front of the station. As I gathered my equipment, my K-9 partner, Jake, was barking, and I saw a little boy staring in at me. 'Is that a dog you got back there?' he asked.

'It sure is,' I replied.

Puzzled, the boy looked at me and then towards the back of the van. Finally he said, 'What'd he do?'

While taking a routine vandalism report at an elementary school, I was interrupted by a little girl about 6 years old. Looking up and down at my uniform, she asked, 'Are you a cop? Yes,' I answered and continued writing the report.. My mother said if I ever needed help I should ask the police. Is that right?' 'Yes, that's right,' I told her. 'Well, then,' she said as she extended her foot toward me, 'would you please tie my shoe?'

A teenage boy had just passed his driving test and inquired of his father as to when they could discuss his use of the car.

His father said he'd make a deal with his son: 'You bring your grades up from a C to a B average, study your Bible a little, and get your hair cut. Then we'll talk about the car.'

The boy thought about that for a moment, decided he'd settle for the offer, and they agreed on it.

After about six weeks his father said, 'Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed you haven't had your hair cut.'

The boy said, 'You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair...and there's even strong evidence that Jesus had long hair.'

.....You're going to love the Dad's reply:

**'and did you also notice they all walked everywhere they went?'**





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